

Training Items & Cleat Cleaners

A. Adjustable Hurdle Ladder



AHL

B. Adjustable Agility Ladder



AAL

Use Indoors or Outdoors

C. Economy Agility Ladder



AAL27

E. Power Systems® VersaFit® Vest



D.

Step Hurdles

SH6
SH12



VEST

NEW

F. Cleat Cleaners



TCC

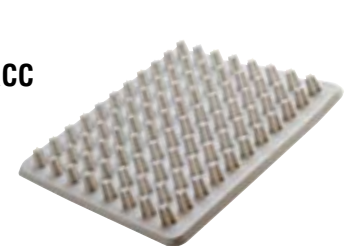
Travel
Cleat
Cleaner

15" x 12"



LCC

23" x 24"



RCC

12" x 11"

A. Adjustable Hurdle Ladder.

AHL - 6 spring loaded hurdles are easily adjustable in both distance apart and heights of 6" to 12". Total length of 16'. Ladders can be buckled together. Includes nylon carrying bag.

B. Adjustable Agility Ladder.

AAL - Two 15' ladders with 11 adjustable flat slats each. Two ladders can be combined with buckle to make a 30' ladder. Slats are slotted in center to slide on handy carry handle for easy storage. **Includes carrying bag.** 5 lbs. Pat. No. 224,090.

C. Economy Agility Ladder.

AAL27 - Economy priced for all ages and skill levels. Comes in two sections that measures 27 feet when connected. Rungs are 16" wide and 16" apart. Includes carrying bag.

D. Step Hurdles.

Helps improve step quickness and agility. Position for plyometric jumps or running drills. Constructed of durable lightweight PVC tubing. Sold in sets of 6.

SH6 - 6" Step Hurdles.

SH12 - 12" Step Hurdles.

E. Power Systems® VersaFit® 20 LB. Vest.

VEST - This padded nylon vest comes with **removable sand-filled weight bags**, so you can quickly customize resistance. Slide it over the head to position the weight evenly around the torso and then secure it with the Velcro straps. Easily add or remove bags to customize overall weight to suite specific training needs. Fits chest sizes 32" to 56". Vest includes 20 - 1 lbs. weights. Black only.

F. Cleat Cleaners.

TCC - Travel cleat cleaner with molded-in carrying handle. 15" x 12" with 88 tough rubber bristles to quickly remove debris from bottom of shoes. *Orange.*

LCC - Extra large size 23" x 24" square molded board with built-in carrying handle. 100 heavy-duty plastic pegs allow 2-3 players to use at same time. Easy clean up.

RCC - Heavy duty throw-down pad has 88 rubber bristles to quickly remove debris from bottom of shoes. 12" x 11". Has a hole on each corner for stake-down option.