

## A. QB-TEE™ Quarterback Trainer



QBT  
QBT-TIMER

## D. Knee High Training Running Ropes

KHT  
KHRR-17  
KHRR-20

*Rounded safety  
edges.*



KHT  
KHRR-17  
KHRR-20

## B. Offense/Defense Line Strip



OLS



OLS-BAG

AAL27  
Economy

## E. Football Formation Teacher

FTO  
FTD



## C. Adjustable Agility Ladder AAL



Agility Rings  
AR11



## F. Adjustable Hurdle Set AHS

NEW



## G. Power Sled Trainer PST



### A. QB-Tee™ Trainer.

**QBT** - Timing is everything! Allows the coach to measure timing, speed and quickness. When the player removes the ball from the cradle, the built-in timing clock is triggered. When the programmed time interval expires (i.e 3.4 seconds) the buzzer will sound. If the buzzer goes off before the player releases the ball, the play is dead. Great for timed drills. Features a built-in audible timing device, programmable timer, and two-position ball cradle. Great as football QB trainer and 7 on 7 football. Also perfect for basketball.

**QBT-Timer** - Replacement timer.

### B. Offensive/Defensive Line Strip.

**OLS** - Great for teaching your linemen and backs your offensive splits. Running backs can learn the holes by running plays without the offensive line. Made of heavy-duty vinyl, the marker features weights at the ends to keep it flat on the ground. The labeled, removable positions attach to a hook-and-loop fastening strip, allowing you to set up your own custom formations. 39' overall length, 10 1/2" wide black strip with 36" yellow position indicators labeled with 9" letters.

Ships UPS.

**OLS-BAG** - Carrying Bag for # OLS. 18 oz. vinyl, zipper closure and carry strap.

### C. Adjustable Agility Ladders.

**AAL** - 30' length ladder with 21 adjustable flat rungs. The user can increase or decrease the distance between 2 rungs for different types of drills. Locking clips at end to join 2 or more ladders. Includes carrying bag.

#### AAL27 - Economy Agility Ladder.

Economy priced for all ages and skill levels. Comes in two sections that measures 27 feet when connected. Rungs are 16" wide and 16" apart. Includes carrying bag.

#### AG11 - Rings Agility Ladder w/Mesh Bag.

11 multi-colored rings made of high impact PVC connected using velcro loops. Connect rings to create different footwork drills. Combine two or more sets to create more complex drills.

### D. Knee High Training Running Ropes.

**KHT** - No horizontal bars on ground for athletes to step on and all 4 corners have rounded tubular construction for safety. 1" black powder coated steel frame is 5' wide and 17" long. Running ropes (KHRR-17) adjust in height from 4" to 15" and are included. Unit assembles in 5 minutes and weighs 72 lbs.

**KHRR-17** - Replacement Polypropylene Running Rope for **KHT**. 17' length.

**KHRR-20** - Replacement Polypropylene Running Rope. 20' length.

### E. Football Formation Teacher.

Indoor/outdoor, portable, easy to use teaching tool for all levels. Teach proper alignment for all types formations. Each position measures 12" x 12" and is all-weather rubber construction. Includes ASI Carrying Bag. Use indoors or outdoors.

**FTO** - Offensive:

1-C, 2-G, 2-T, 2-TE, 2-WR, 3-RB, 1-FB, & 1-QB.

**FTD** - Defensive:

2-NT, 2-DT, 2-OLB, 2-ILB, 2-MLB, 2-CB & 2-S.

### F. Adjustable Hurdle Set

**AHS** - Lightweight PVC hurdles are 23-1/2" wide with 3 height adjustments: 9", 12" and 14". Sold in set of 6.

### G. Power Sled Trainer.

**PST** - For power this is the one! Comes with adjustable resistance harness (fits small to XXL). Sled constructed of heavy galvanized steel. Will fit standard or olympic plates - weights not included. UPS. 38 lbs.